

# ROSE CLAY (ROSE KAOLIN CLAY)

INCI: Kaolin, or Kaolinite

## BENEFITS

- ✧ Gentle, a good option for sensitive & aged skin
- ✧ Useful for: normal, combination, oily skin
- ✧ Absorbs excess oil, dead skin buildup, and other impurities
- ✧ Leaves skin soft, cleansed, brightened
- ✧ Excellent natural colorant for skin care and soap
- ✧ Gives homemade soap a pleasant silky feel

## USAGE RATES AS A NATURAL COLORANT

**Bath Bombs** - abt 3/4 to 1 tsp per 3 cups of dry ingredients

**Body Butter** - abt 1/4 to 1/2 tsp per 6 to 8 oz ingredients

**Cold Process Soap** - 1/2 to 2 tsp per pound of oil; add to lye solution or dilute with 2-3x water

**Melt & Pour Soap** - 1 to 2 tsp per lb of white base; 3/4 to 1 tsp per lb of clear base; dilute with 2-3x rubbing alcohol then stir into melted soap

**Lotion Bars** - abt 1/4 to 1/2 tsp per 3/4 cup (125 g) ingredients

**Lotions & Creams** - 1/8 to 1/4 tsp per 100 grams lotion; may be more difficult to preserve



## CAUTIONS

Read reviews carefully to avoid fake colored clays that are made of white kaolin + micas.

For external use only.

by: Jan Berry of [TheNerdyFarmWife.com](http://TheNerdyFarmWife.com)

## ROSE CLAY RECIPES

**Easy Bug Bite Powder** - apply dry clay directly to itchy spots, or mix with water or witch hazel to make a paste, leave on several hours; eases itching and discomfort from insect bites

**Mock Calamine "Lotion"** - 1/2 tbsp rose clay, 2 tbsp white kaolin clay, 2 tbsp baking soda, abt 1/2 cup witch hazel. Combine clays & baking soda, then stir in witch hazel to make a thick, chalky liquid. Seal tightly and stir well before use. Keeps 1 to 2 weeks in fridge. Dab on bug bites, rashes with a cotton ball.

**Face Mask** - Combine 1 pinch of clay with one of the following liquids until a paste is formed. Apply & leave on face/throat for 10 to 15 minutes then gently rinse clean. Glycerin - for dry skin; honey - antibacterial, skin soothing; aloe - anti-inflammatory, calms redness; witch hazel - cools inflammation; milk or yogurt - natural source of beneficial hydroxy acids.

**Cleansing Grains** - 2 tbsp rolled oats, 1 tbsp dried rose petals, 1/2 tsp milk powder, 1/2 tsp rose clay. Blend together in a coffee grinder. Mix a pinch with water, witch hazel, aloe, or other liquid to make a paste. Use as a facial cleanser, or leave on 5 to 10 minutes as a mask. Rinse well.

**Easy Rose Bath Bombs** - 1 3/4 cup baking soda, 1 cup citric acid, 3/4 tsp rose kaolin clay, 1 oz melted shea or mango butter, 15 to 20 drops essential oil. Whisk together dry ingredients. Combine essential oil with melted butter. Drizzle melted butter into dry ingredients and mix well. Spritz a few sprays of witch hazel until mixture is barely damp. Use a 1/4 or 1/2 cup measuring cup as a mold, pressing firmly as you fill.

